

# UNDERSTANDING YOURSELF AND OTHERS

## *Small Group Discussion Questions*

1. What are the four temperaments?
2. What temperament did you get your highest score in?
3. What one word would you use to describe the sanguine? The choleric? Melancholy? Phlegmatic?
4. What are the three strongest points of the sanguine?
5. What are the three strongest points of the choleric?
6. What are the three strongest points of the melancholy?
7. What are the three strongest points of the phlegmatic?
8. Based on their strengths how would you place each of these temperaments in your TC?
9. What do you consider the two greatest sanguine weaknesses?
10. If you were aware of somebody with these weaknesses on your staff what would you do to help them?
11. What do you consider the two greatest choleric weaknesses?
12. If you were aware of somebody with these weaknesses on your staff what would you do to help them?
13. What do you consider the two greatest melancholy weaknesses?
14. If you were aware of somebody with these weaknesses on your staff what would you do to help them?
15. What do you consider the two greatest phlegmatic weaknesses?
16. If you were aware of somebody with these weaknesses on your staff what would you do to help them?
17. If there are still issues you have questions about, please raise them now.